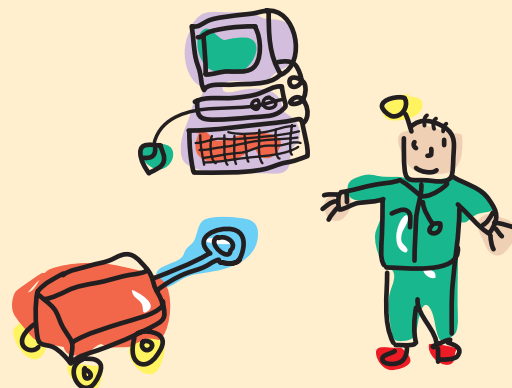




Child Life Services at The Montreal Children's Hospital has a long tradition of working with patients and families dating back to 1936. The Children's was one of the first pediatric institutions in North America to open a child life department and over the years, the services available to patients and families have changed dramatically.

Today, our Child Life specialists use play, education and self-expression to promote the psychological well-being and development of infants, children, and adolescents, and through this, provide support to their families as well.



Our Goals

- To reduce the stress associated with the healthcare experience
- To encourage children and families to adapt to the healthcare setting through socialization activities and educational interventions
- To support the development of children and adolescents who are in the healthcare setting
- To normalize the healthcare experience through activity programs



Our Interventions



- Emotional support for children and their families



- Activities for bedridden patients



- Developmental stimulation for children
- Group activity programs

- Therapeutic play including medical play
- Preparation and support for medical procedures



Our Team

- Child Life Specialists and a Child Life Assistant who hold degrees in fields related to child development.
- Librarian (Family Resource Library)

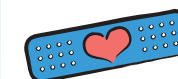
Supplementary Services

- School services
- Family Resource Centre and Library; Room C-542; www.MCHfamilylibrary.ca
- Development and management of play areas
- Animation of activities on the hospital terrace (8C) during the summer months
- Starbright Foundation (educational programs)
- Dr. Clown: professional therapeutic artists who visit patients throughout the Hospital

Child Life Services

Helping children cope with the healthcare experience

L'Hôpital de Montréal pour enfants
The Montreal Children's Hospital



For more information, contact Child Life Services at: (514) 412-4400, ext. 22385, or visit The Children's web site at www.thechildren.com





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McGill University Health Centre

IMPORTANT : PLEASE READ

Information provided in this pamphlet is for educational purposes. It is not intended to replace the advice or instruction of a professional healthcare practitioner, or to substitute medical care. Contact a qualified healthcare practitioner if you have any questions concerning your care.