

Admission
information for the

Pediatric Psychiatry Care Program



L'Hôpital de Montréal pour enfants
The Montreal Children's Hospital
Centre universitaire de santé McGill
McGill University Health Centre

THE PEDIATRIC PSYCHIATRY CARE PROGRAM (PPCP) of The Montreal Children's Hospital of the McGill University Health Centre is committed to providing patient and family-centered care in a secure and safe environment. We have prepared this brochure to answer your questions about admission to the Pediatric Psychiatric Care Unit (PPCU) and what to expect while staying at the hospital.

WHAT SERVICES ARE PROVIDED IN THE PPCU?

- Crisis intervention.
- Assessment and stabilization of patients with acute mental health issues.
- Liaison with the appropriate community-based intervention services and resources.

WHO IS TREATED IN THE PROGRAM?

- Children and adolescents from five to 18 years old who have been referred for comprehensive psychiatric evaluation and multidisciplinary assessment.
- At any time, there is a maximum of six patients being treated on the unit.

WHAT TO EXPECT WHILE IN THE HOSPITAL

- Patients are evaluated by the team the day following admission (Monday to Friday). Children admitted on weekends will be evaluated on Monday.
- The family is invited to attend the initial assessment.
- Following the evaluation, the program team develops a care plan for the patient.
- Patients are asked to take part in individual and/or group assessment activities.



- Community resources will be contacted to ensure continuity of care once the patient is discharged from hospital.
- Members of the team are available to patients and families throughout the hospital stay.
- The team provides feedback to both the patient and family on a continuous basis throughout the patient's stay in the program.

MEMBERS OF THE PPCP INTER-DISCIPLINARY TEAM

- Child and adolescent psychiatrists
- Nurses
- Social counselors
- Social workers
- Psychologists
- Recreationist
- Occupational therapist
- Teachers
- Support staff

WHAT SHOULD YOU BRING FROM HOME?

- Clothing
- Socks and slippers
- Pyjamas
- Toothbrush and toothpaste, shampoo, and deodorant

HOW LONG IS THE HOSPITAL STAY?

The PPCU is intended for short-term hospitalization with a focus on assessing and referring the patient to community mental health out-patient services or longer term mental health facilities.

WHO CAN VISIT?

Only the patient's immediate family may visit. The time of the visit as well as how long the family stays are at the discretion of the program staff.



For more information,
contact us at
514.412.4400, ext. 22515
www.thechildren.com



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All parents and caregivers are requested to read and consult the document titled: "Information guide for patients and families" available at the front office.

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IMPORTANT : PLEASE READ

Information provided in this pamphlet is for educational purposes. It is not intended to replace the advice or instruction of a professional healthcare practitioner, or to substitute medical care. Contact a qualified healthcare practitioner if you have any questions concerning your care.