

Where **kids** come first

Your child's development



L'Hôpital de Montréal pour enfants
The Montreal Children's Hospital

Centre universitaire de santé McGill
McGill University Health Centre

Your child’s development, which includes motor, language, and socialization skills, begins in the first months of life and you play an important role in helping your child move through the various stages of development.

Developmental milestones

Many parents worry about their child’s progress but all children are unique and develop skills at different rates. Here is some general information adapted with permission from the Canadian Pediatric Society.

At age	Most children...
2 months	smile when you play with them.
4 months	roll over onto their tummies; reach for things; make baby sounds (e.g. “ah”); laugh; are startled by loud sounds; are soothed by their mother’s voice (birth to 3 months).
6 months	roll over both ways; pass something from one hand to the other; turn when you call; make new baby sounds such as “babababa”; enjoy rattles and other noise-making toys (3 to 5 months).
9 months	sit up by themselves; put things in their mouths; wave “bye-bye”; respond to their names, the sound of a telephone, and someone’s voice, even when not loud (6 to 10 months).
12 months	crawl on their hands and knees; pull themselves up to stand; eat with their fingers; understand “no”; produce one word.
15 months	walk alone; eat with a spoon; follow simple instructions (e.g. “close the door”); say a few words.
18 months	climb stairs; scribble with a crayon; point to a body part; say 10 words.
2 years	run; put boots on; point to pictures; say 50 words and put two words together (e.g. “more cookies”).
3 years	ride a tricycle; play games; take turns; get dressed; are almost toilet trained; know their names; speak in simple sentences and speak fairly clearly.

Teach your child to talk

The Developmental and Behavioural Pediatric Service of The Montreal Children's Hospital of the McGill University Health Centre has suggestions to make it easier for your child to learn to talk:

- describe what you are doing
- talk slowly and clearly
- use simple and grammatically correct sentences
- encourage efforts to communicate
- listen to what your child is saying and not to how it is said
- read books with your child
- sing songs with your child





To help your child develop his coordination, agility and awareness:

- provide crayons, scissors, and paint brushes, puzzles, modeling clay, beads for threading, wooden blocks
- do arts and crafts that involve gluing, tearing and cutting paper, tracing, colouring between two lines
- give your child the opportunity to practice doing up buttons, eating with a spoon
- play games that involve running, jumping, climbing, throwing and kicking a ball

If you have any doubts or concerns about your child's development, talk to your family physician or pediatrician, or contact your CLSC. You can also get information from the Canadian Paediatric Society at www.cps.ca, or you can contact The Developmental and Behavioural Pediatric Services at The Montreal Children's Hospital of the McGill University Health Centre at (514) 412-4314.



This information was prepared by The Montreal Children's Hospital Child Development Program

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