

## Pediatric Psychiatry Care Program

# Intensive Psychiatric Assessment Service



### Information for Parents and Patients



L'Hôpital de Montréal pour enfants  
The Montreal Children's Hospital  
Centre universitaire de santé McGill  
McGill University Health Centre

**THE PEDIATRIC PSYCHIATRY CARE PROGRAM (PPCP)** of The Montreal Children's Hospital of the McGill University Health Centre is committed to providing patient and family-centered care in a secure and safe environment. We have prepared this brochure to answer your questions about the Intensive Psychiatric Assessment Service (IPAS) and what to expect while at the hospital.

#### **THE INTENSIVE PSYCHIATRIC ASSESSMENT SERVICE AIMS TO HELP PATIENTS BY:**

- formulating a comprehensive psychiatric diagnostic assessment.
- connecting the patient with the appropriate community-based intervention services.

#### **IPAS TREATS CHILDREN FROM FIVE TO 18 YEARS OLD IN TWO PROGRAMS:**

- Elementary school (IPAS Child)
- Secondary school (IPAS Adolescent)

#### **IS A REFERRAL NECESSARY?**

- A referral from a pediatrician or community partner (in mental health) is required.
- The family should also have copies of all psycho-educational and/or psychosocial reports for the patient.

#### **WHAT ARE THE GOALS OF THE IPAS PROGRAM?**

- Offer a patient and family-centered approach to care.
- Provide the patient's primary health care team with a comprehensive evaluation of the mental health situation of the child and family.
- Assess the patient's treatment options including medication.



- Assess the patient's response to other therapeutic treatment modalities which may benefit the child/family.
- Present recommendations for the patient's continued care in the community upon discharge from the program.

#### **ASSESSMENT REVIEW AS NEEDED**

The IPAS team holds feedback meetings with parents, school representatives, community mental health professionals and/or social service agencies (as needed) to discuss the patient's evaluation and recommended plan of services in the community.

#### **LENGTH OF STAY**

Approximately 10 days (based on appointment schedule)

#### **WHAT SHOULD YOU BRING TO THE HOSPITAL?**

- A nutritious lunch
- School materials
- Recent report cards

#### **MEMBERS OF THE IPAS INTER-DISCIPLINARY TEAM**

- Psychiatrists
- Psychologists
- Nurses
- Social counselor
- Social workers
- Recreationist
- Occupational therapist
- Teachers

#### **COMMUNITY PARTNERS**

- Schools (school boards)
- Pediatricians / family doctors
- Hospital-based Outpatient department
- CLSC-centered mental health teams for youth (Équipe santé mental jeunesse)
- Therapists and psychologists in private practice



For more information,  
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**IMPORTANT : PLEASE READ**

Information provided in this pamphlet is for educational purposes. It is not intended to replace the advice or instruction of a professional healthcare practitioner, or to substitute medical care. Contact a qualified healthcare practitioner if you have any questions concerning your care.