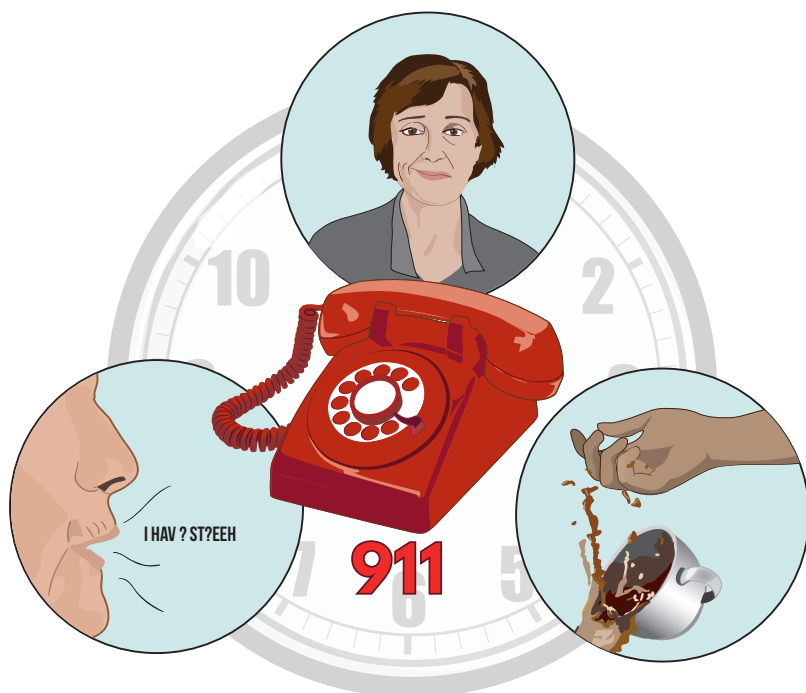


Going home after stroke or a transient ischemic attack (TIA)



What is wrong?

You have been diagnosed with a transient ischemic attack (TIA) or stroke. When blood supply is cut off and this injures part of the brain, we call this a **stroke**. A **transient ischemic attack** is a temporary block in blood flow to one part of the brain.

Did you know?

If you have had a TIA, your risk of having a stroke is higher.

What do I need to do?

See your doctor. You should schedule an appointment with your family doctor.

Have some more tests. You may need some other tests before your appointment at the Stroke Prevention Clinic. The test centre will call you for an appointment if you need one.

See a stroke specialist. You will meet with a neurologist (stroke doctor) at the Stroke Prevention Clinic to learn more about your TIA or stroke. The clinic will call you with the exact appointment date and time. If you have not received a call to schedule an appointment in 5 weeks, call the Stroke Prevention Clinic at: (514)934-8057 or (514) 934-8058.

Remember

Bring a copy of your current list of medications to your Stroke Prevention Clinic appointment. The clinic is located at:

Montreal General Hospital
1650 Cedar Avenue Room L7 408 and
L7 312

Who can I call if I have questions?

You may have questions and need to talk to a nurse specialized in TIA and stroke. If you are a...

Montreal General Hospital patient, call :
Heather Perkins, Nurse Clinician, Stroke Prevention Clinic
(514) 934-1934 ext. 44301

**Royal Victoria Hospital or Montreal Neurological
Hospital patient, call:**
Rosa Sourial, clinical nurse specialist, Stroke Program
(514) 398-6644 ext. 04514

We are here to help!

Will I need any other medication?

Your emergency room doctor may prescribe you new medication(s). Bring your prescription to your pharmacy as soon as you leave the emergency department.

When should I come back to the Emergency?

Please see the next page for warning signs of stroke

Developed by the McGill University Health Centre Emergency Department.
©Copyright 21 September 2016, McGill University Health Centre.
2nd edition. (muhcpatienteducation.ca)

Disclaimer: Information provided by this pamphlet is for educational purposes. It is not intended to replace the advice or instruction of a professional healthcare practitioner, or to substitute for medical care. Contact a qualified healthcare practitioner if you have any questions concerning your care.



LEARN THE SIGNS OF STROKE

FACE is it drooping?

ARM(S) can you raise both?

SPEECH is it slurred or jumbled?

TIME to call 9-1-1 right away.

ACT **F A S T** BECAUSE THE QUICKER YOU ACT,
THE MORE OF THE PERSON YOU SAVE.