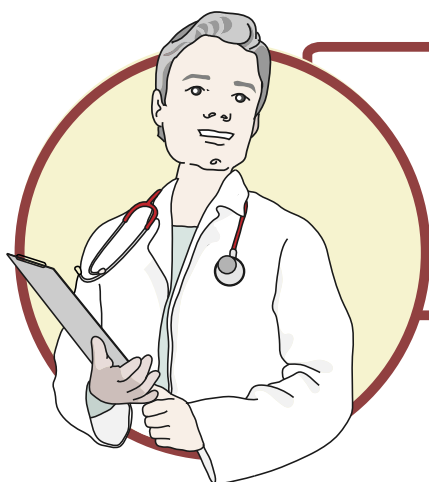


Going home after anesthesia: What you need to know



Your child had **anesthesia** at

_____ (time), on _____ (date)

As part of the following procedure: _____.

Here's what you need to know to help your child recover safely and smoothly at home.

About anesthesia:

What is an anesthesia?

Anesthesia medication is used to help your child sleep during their procedure. This way, we can be sure that they do not move during their MRI (magnetic resonance imaging) or CT scan (computer tomography). An anesthesiologist, (also known as a “sleep doctor”) who is expert with these types of medications, will be with your child at all times during the MRI or CT scan.

What are the possible side effects ?

The anesthesia may make your child groggy and unsteady on his/her feet. This is temporary. Be sure to help your child walk to avoid any falls.

If your child has any nausea and/or vomiting, wait a half an hour before giving him or her something to drink. Once at home, offer your child a drink (e.g. water, apple juice or ginger ale). When your child is able to keep these clear fluids down, you may move to light foods (e.g. apple sauce, soup or crackers).



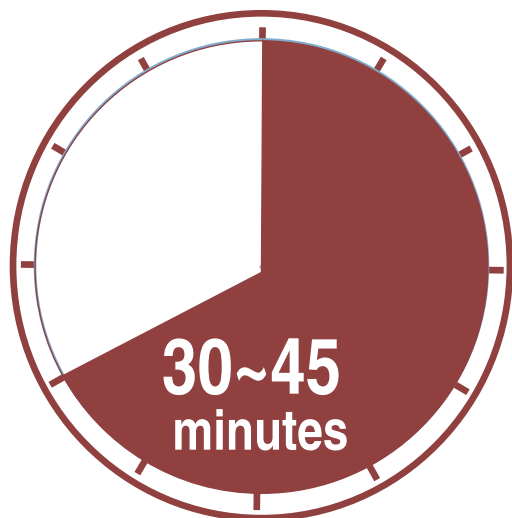
If my child takes other medications, may I give them to him/her ?

You may give your child all his/her usual medications.

About anesthesia (cont'ed)

How long will the anesthesia stay in my child's body?

Your child may feel back to normal in about 30-45 minutes. Some children may feel dizzy and tired for a longer time.



Care & activity at home:

Can my child go to school today?

We suggest you stay at home with your child and do quiet activities. Your child should not go to school the day of the anesthesia. The following day, your child may attend school, if he or she feels "back to normal."

Can my child eat normally when we get home ?

Before leaving the hospital, your child was given juice and cookies. When you get home, you may give your child light food to start, such as applesauce and soup. If your child is able to keep this food down, you can go back to their normal diet.

If I am worried about my child at home who can I call?

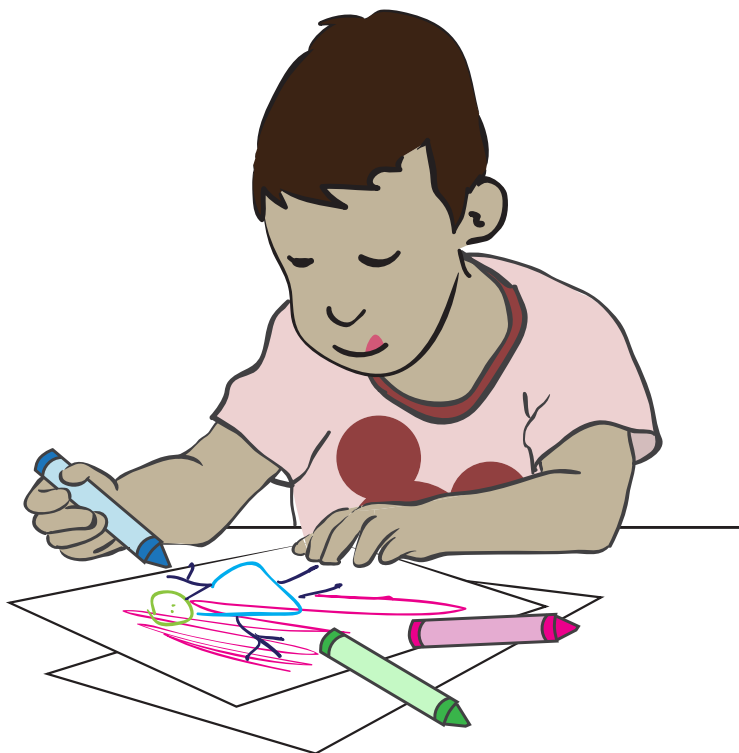
If you have any questions or concerns, we are here to help. You can reach the Medical Imaging nurses at **514-412-4400, Ext: 22448**. The nurses are available **from 7:30 am until 4:00 pm Monday to Friday**.

This part of the Medical Imaging department is not open on the weekend or after 4pm during the week. If you need any help during these time periods, please call Info-Santé (telephone # 811).

Getting home:

What is the best way to get home ?

Make arrangements to go home, ideally, by car. If possible, we suggest that you plan for 2 adults to be present. This way, one person can drive and the other can be in the back seat with your child.



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